

# Slow the spread with the **FLU VACCINATION**

The flu (also known as influenza) sends thousands of Ohioans to the hospital each year—yet about half of Ohioans do not get vaccinated. As your guide to better health, Buckeye Health Plan helps you prevent and slow the spread of this serious virus.



Annual flu shots at  
**no cost to you!**



## Protect yourself and your family

The best way to prevent the flu is to get vaccinated. Flu shots prevent tens of thousands of hospitalizations each year and weaken symptoms if you do get the flu. Buckeye encourages all Ohioans, ages six months and older, to get their flu shot early for protection through the flu season.

In addition to getting your flu shot, you should make sure to cover coughs and sneezes, wash hands regularly and maintain healthy habits like getting enough sleep, exercising often and drinking plenty of water. And remember, if you have the flu, stay home to recover and stop the spread!



## Buckeye makes it easy to protect yourself from the flu with:

GET \$25

- No-cost transportation to and from your vaccination. Call **866-531-0615** at least 48 hours in advance to schedule.
- **\$25 in My Health Pays®** rewards for getting a flu shot. You can spend rewards on things you need at Walmart® and Sam's Club® or on rent, utilities and more.\*

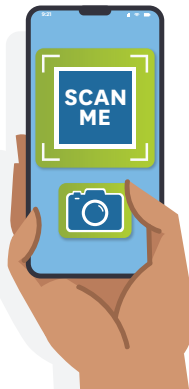


Get your flu shot at your doctor's office or pharmacy. Visit [BuckeyeHealthPlan.com](http://BuckeyeHealthPlan.com) and click on "Find a Provider" to find a flu vaccination location near you.

*\*This card is issued by The Bancorp Bank pursuant to a license from Visa U.S.A. Inc. The Bancorp Bank; Member FDIC. Card cannot be used everywhere Visa debit cards are accepted. See Cardholder Agreement for complete usage restrictions. This card may not be used to buy alcohol, tobacco, or firearms products.*



**SCAN TO  
LEARN MORE!**



## Contact Us

*We can help if you have questions about your health plan or benefits.*

Call Member Services with questions related to your benefits, services and claims: 1-866-246-4358 (TTY:711)

Call our 24/7 nurse advice line for answers to your health questions: 1-866-246-4358 (TTY:711)

Get detailed information at [BuckeyeHealthPlan.com](http://BuckeyeHealthPlan.com)



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