



*Help for those
struggling with
addiction*

Improving Lives



*The Buckeye Addiction
in Pregnancy Program*

Body Well-Baby Well 1-866-246-4358



BuckeyeHealthPlan.com

Drugs and alcohol hurt you and your baby

Everything you put into your body, goes into your baby's body. Street drugs, some prescription pills, and alcohol are all substances that can cause bad things to happen to your baby.

Did you know?

Your baby develops a heart in as early as six weeks. Drugs can stop a beating heart!

Street drugs include:

- Cocaine
- Crack
- Speed
- Meth
- Heroin
- Ecstasy
- Marijuana
- Uppers & Downers

These drugs can cause birth defects, mental retardation, brain damage, and serious lifelong learning and behavioral problems. Your baby may be born too small or too soon. If this happens, the lungs, heart, and brain will not be fully developed. Street drugs can also result in miscarriage or stillbirth, which means your baby is born dead.

Narcotic prescription pills, like hydrocodone, Oxycontin, Vicodin, and Lortab also can hurt your baby if they are abused or overused.

Alcohol, even small amounts of beer and wine, can cause brain damage to your baby. With some of these drugs, your baby may go through withdrawal shortly after birth.

Symptoms of withdrawal in babies can include:

- Seizures
- Trembling or twitching
- Irritability
- Diarrhea
- Vomiting
- Fever
- Continuous crying

What can you do?

The best thing you can do is STOP ABUSING DRUGS AND ALCOHOL NOW.

The sooner you stop, the better it is for you and your baby. It is never too late to quit.

Remember, your life is not the only life being affected, but also the life of your baby.

Do the right thing and get help now!

We are here to help you, not judge you.

Do the best thing for your baby and call Buckeye Health Plan now. Ask for:
The Buckeye Addiction in Pregnancy Program
1-866-246-4358



The health and life of your baby depends on you.