

DENTAL HEALTH



Good dental care gives your family a reason to smile

A healthy mouth leads to a healthy family. As your guide to better health, Buckeye Health Plan encourages families to keep up on their dental care.

Seeing the dentist regularly and brushing and flossing daily help stop tooth and gum problems before they lead to bigger health issues down the road. Without these preventive measures, you are more likely to develop serious health challenges like pneumonia and heart disease.

Visit the dentist every six months and make oral health a daily part of your family's routine

- Brush teeth at least twice a day
- Use a soft-bristled brush and fluoride toothpaste
- Eat a healthy diet with less added sugars
- Floss daily



Buckeye makes it easier for your family to take care of their dental health with:

- Two free oral exams and teeth cleanings per year.
- Free transportation to and from your appointment. Schedule a free ride to and from a dental appointment by calling 866-531-0615 at least 48 hours in advance.

Find a dentist near you and learn ways you can support your family's oral and overall health by visiting [BuckeyeHealthPlan.com/teeth](https://www.buckeyehealthplan.com/teeth) or calling Buckeye Member Services at **1-866-246-4358**.



Buckeye complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-866-246-4358 (TTY: 711)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-246-4358 (TTY: 711)

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-866-246-4358 (TTY: 711)。BHP-MM-041621

Contact Us

We can help if you have questions about your health plan or benefits.


Call Member Services for questions related to your benefits, services and claims: 1-866-246-4358 (TTY:711)

Call our 24/7 nurse advice line for answers to your health questions: 1-866-246-4358 (TTY:711)

Get detailed information at [BuckeyeHealthPlan.com](https://www.buckeyehealthplan.com)



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