

# TEEN VAPING FACTS

#BuckeyeHealthy #BuckeyeVapeEscape



Most e-cigarettes contain nicotine, which is **HIGHLY ADDICTIVE** and can **HARM BRAIN DEVELOPMENT**, which continues until age 25<sup>3</sup>



**PEOPLE WHO VAPE ARE FOUR TIMES MORE LIKELY TO START SMOKING CIGARETTES<sup>4</sup>**

IN 2018

**TOBACCO PRODUCTS, ESPECIALLY E-CIGARETTES, ARE ON THE RISE AMONG HIGH SCHOOL STUDENTS<sup>2</sup>**

**1 IN 4** high school students reported using a tobacco product<sup>3</sup>

Use of e-cigarettes by youth rose by **1.5 MILLION<sup>3</sup>**

Use of any tobacco product **INCREASED 38.3%** among high school students<sup>3</sup>

**MORE TEENS VAPE BECAUSE OF:**



Easy to conceal shapes like USB drives, pens and everyday items



Many teens use e-cigarettes because they believe they are less harmful than other tobacco products<sup>2</sup>



Advertising and marketing efforts appealing to youth

**YOU CAN HELP!**



Talk to your children about the risks

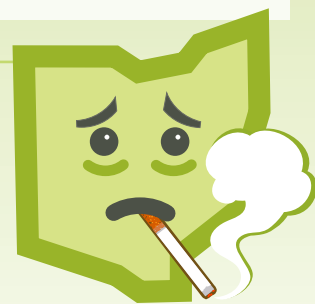


Keep a tobacco-free home and car



Be a positive role model

**Tobacco is the leading cause of preventable death in Ohio and the majority of smokers start before age 18<sup>3</sup>**



<sup>1</sup> Tobacco Data and Statistics, The Ohio Department of Health, retrieved February 2019

<sup>2</sup> E-Cigarettes and Young People: A Public Health Concern, CDC, retrieved February 2019

<sup>3</sup> Tobacco Use by Teens Is Rising, Centers for Disease Control, February 2019

<sup>4</sup> Association of Electronic Cigarette Use With Subsequent Initiation of Tobacco Cigarettes in US Youths. Berry KM, Fetterman JL, Benjamin EJ, et al., February 2019