

MAKE MEN'S HEALTH *a Priority*



Buckeye Health Plan encourages men to make their health a priority by staying up-to-date on important preventative care appointments and screenings.

Only 12 percent of men turn to a doctor first

when they have a health issue and only **two in five** go to the doctor when they fear they have a serious medical condition.



Make the commitment to your health

The leading cause of death for men is heart disease, accounting for about one in four male deaths. If you knew that you had an 80 percent chance of preventing it, wouldn't you try? Often, risk factors for heart disease can be hard to spot. Wellness visits help you detect warning signs early to prevent a heart attack or stroke.

Schedule a no-cost wellness visit with your doctor today to learn about heart disease risk factors like high blood pressure, high cholesterol, smoking, diabetes and obesity. Together, you can detect and manage these challenges.

Need help finding a doctor? Use Buckeye's "Find a Provider" tool on BuckeyeHealthPlan.com or call 1-866-246-4358.

Buckeye makes it easy to make and keep your appointment with:

GET \$75

- **\$75 in My Health Pays[®]** rewards for completing a well visit. You can spend rewards on things you need at Walmart[®] and Sam's Club[®] or on rent, utilities and more.*
- No-cost transportation to and from doctor's appointments. Call **866-531-0615** at least 48 hours in advance to schedule.

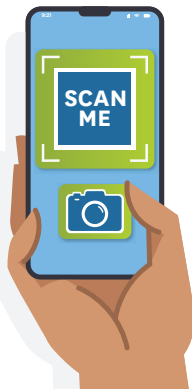


Get connected to Buckeye Member Services and resources at [BuckeyeHealthPlan.com](https://www.BuckeyeHealthPlan.com)

**This card is issued by The Bancorp Bank pursuant to a license from Visa U.S.A. Inc. The Bancorp Bank; Member FDIC. Card cannot be used everywhere Visa debit cards are accepted. See Cardholder Agreement for complete usage restrictions. This card may not be used to buy alcohol, tobacco, or firearms products.*



**SCAN TO
LEARN MORE!**



Contact Us

We can help if you have questions about your health plan or benefits.

Call Member Services with questions related to your benefits, services and claims: 1-866-246-4358 (TTY:711)

Call our 24/7 nurse advice line for answers to your health questions: 1-866-246-4358 (TTY:711)

Get detailed information at [BuckeyeHealthPlan.com](https://www.BuckeyeHealthPlan.com)



Get health tips and information on Twitter and Facebook

f [facebook.com/BuckeyeHealthPlan](https://www.facebook.com/BuckeyeHealthPlan)

t twitter.com/Buckeye_Health

