

Where to go for the **RIGHT CARE** at the **RIGHT PLACE** at the **RIGHT TIME**



Doctor's Office

Your doctor is your main healthcare provider. Call the office to schedule a visit if you don't need immediate medical care.

GO HERE FOR:

- Annual wellness exam
- General health advice
- Vaccinations like the flu vaccine
- Ongoing health conditions like asthma or diabetes
- Colds, flus and fevers
- STD testing



In-Store Clinics

These clinics are staffed by physician assistants or nurse practitioners. Use when your doctor's office is closed and for minor health needs.

GO HERE FOR:

- Colds and congestion
- Eye redness, discharge or itchiness
- Sore throat
- Ear pain



Urgent Care

Use urgent care when your doctor's office is closed and you have a sudden, non-life threatening health need.

GO HERE FOR:

- Sprains
- Flu symptoms with vomiting
- Ear infections
- High fevers



Emergency Room

Consider all your options before going to the emergency room or calling 911. Use emergency care for serious and life-threatening medical conditions.

911
EMERGENCY

Only call 911 when someone is in danger or needs immediate help due to illness or injury.

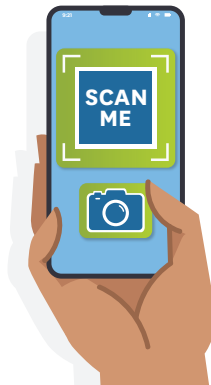
GO HERE FOR:

- Broken bones
- Bleeding that won't stop
- Shock symptoms (sweat, thirst, dizziness, pale skin)
- Drug overdose
- Ingested poison
- Bad burns
- Seizures
- The sudden inability to see, move or speak
- Chest pain or other severe pain
- Fainting/unconsciousness



**SCAN TO
LEARN MORE!**

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Contact Us

We can help if you have questions about your health plan or benefits.

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