

**Clinical Policy: Attention Deficit Hyperactivity Disorder Agents**

Reference Number: OH.PHAR.PPA.38

Effective Date: 01.01.2020

Last Review Date:

Line of Business: Medicaid

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

**Description**

**CNS AGENTS: ATTENTION DEFICIT HYPERACTIVITY DISORDER AGENTS – SHORT ACTING**

<b>NO PA REQUIRED “PREFERRED”</b>	<b>PA REQUIRED “NON-PREFERRED”</b>
AMPHETAMINE SALTS (generic of Adderall®) DEXMETHYLPHENIDATE (generic of Focalin®) DEXTROAMPHETAMINE (generic of Dexedrine®) METHYLPHENIDATE tablets (generic of Ritalin®)	DEXTROAMPHETAMINE solution (generic of Procentra®) EVEKEO® (amphetamine sulfate) EVEKEO ODT™ (amphetamine sulfate ODT) METHAMPHETAMINE (generic of Desoxyn®) METHYLPHENIDATE solution, chewable tablets (generic of Methylin®) ZENZEDI® (dextroamphetamine)

**CNS AGENTS: ATTENTION DEFICIT HYPERACTIVITY DISORDER AGENTS – LONG ACTING, SOLID DOSAGE FORMS**

<b>NO PA REQUIRED “PREFERRED”</b>	<b>PA REQUIRED “NON-PREFERRED”</b>
ATOMOXETINE (generic of Strattera®) APTENSIO XR™ (methylphenidate) DEXMETHYLPHENIDATE ER (generic of Focalin XR®)† DEXTROAMPHETAMINE-AMPHETAMINE XR (generic of Adderall XR®) DEXTROAMPHETAMINE SA (generic of Dexedrine® spansule) GUANFACINE ER (generic of Intuniv®) METHYLPHENIDATE ER (generic of Metadate® ER, Methylin® ER, Ritalin SR®) METHYLPHENIDATE ER (generic of Concerta®) [Labeler 10147] METHYLPHENIDATE LA (generic of Metadate® CD, Ritalin® LA) VYVANSE® (lisdexamfetamine)	CLONIDINE ER (generic of Kapvay®) JORNAY PM™ (methylphenidate ER) METHYLPHENIDATE ER (generic of Concerta®) [All other Labelers] MYDAYIS™ (amphetamine-dextroamphetamine ER)

**CNS AGENTS: ATTENTION DEFICIT HYPERACTIVITY DISORDER AGENTS – LONG ACTING, NON-SOLID DOSAGE FORMS**

<b>CLINICAL PA REQUIRED “PREFERRED”</b>	<b>PA REQUIRED “NON-PREFERRED”</b>
QUILLICHEW™ ER (methylphenidate tablet, chewable, extended release) (no PA for age 12 or under) VYVANSE® chewable (lisdexamfetamine) †	ADZENYS™ XR-ODT, Susp (amphetamine tablet, ODT) COTEMPLA XR-ODT™ (methylphenidate, ODT) DAYTRANA® (methylphenidate) DYANAVEL™ XR (amphetamine ER oral suspension) QUILLICHEW™ ER (methylphenidate tablet, chewable, extended release) (PA required for age over 12) QUILLIVANT XR® suspension (methylphenidate)

**FDA Approved Indication(s)**

- Extended release and immediate release methylphenidate and amphetamine products are indicated for the treatment of attention-deficit/hyperactivity disorder (ADHD).
- Atomoxetine, guanfacine, clonidine and Vyvanse are indicated for the treatment of attention-deficit/hyperactivity disorder (ADHD).
- Vyvanse is also indicated for the treatment of binge eating disorder (BED)

**Policy/Criteria**

*Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.*

It is the policy of health plans affiliated with Centene Corporation® that the non-preferred medications listed in the above table are **medically necessary** when the following criteria are met:

**I. Initial Approval Criteria**

**A. ADHD (must meet all):**

1. Diagnosis of ADHD;
2. Age ≥ 6;
3. The member has failed a therapeutic trial of at least 14 days with at least two medications, with the same duration of action, not requiring prior approval unless at least one of the following are met:
  - a. Allergy to at least two medications not requiring prior approval

- b. Contraindication to all medications not requiring prior approval
- c. History of unacceptable/toxic side effects to at least two medications not requiring prior approval

**Approval duration: 12 months**

**B. Binge eating disorder (must meet all):**

1. Medication is Vyvanse
2. Diagnosis of binge eating disorder
3. Age  $\geq$  18 years;
4. Prescribed by or in consultation with a psychiatrist;
5. Failure of  $\geq$  3 month trial of cognitive behavioral therapy (CBT) with supporting documentation;
6. Failure of  $\geq$  3 month trial of topiramate at up to maximally indicated doses unless contraindicated or clinically significant adverse effects are experienced;
7. Failure of  $\geq$  6 week trial of one of the following: citalopram, sertraline, or escitalopram, at up to maximally indicated doses unless contraindicated or clinically significant adverse effects are experienced;
8. Dose does not exceed 70 mg per day

**Approval duration: 12 months**

**II. Diagnoses/Indications for which coverage is NOT authorized:**

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – CP.PMN.53 for Medicaid or evidence of coverage documents.

**III. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

ADHD: Attention Deficit Hyperactivity Disorder

BED: Binge eating disorder

*Appendix B: Therapeutic Alternatives*

- Dosing varies by drug product. See FDA approved dosing and administration.

*Appendix C: Contraindications/Boxed Warnings*

- Refer to clinical pharmacology or other appropriate clinical resource

**IV. Dosage and Administration**

- A. Varies by drug product. See FDA approved dosing and administration.

**V. Product Availability**

A. Varies by drug product. Refer to Clinical Pharmacology or other appropriate clinical resource for product availability

**VI. References**

Refer to package insert

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created	11.2019	

**Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible

for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

**Note:**

**For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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