Clinical Policy: Mecasermin (Increlex)
Reference Number: CP.PHAR.150
Effective Date: 03.01.11
Last Review Date: 08.20
Line of Business: Commercial, HIM, Medicaid

See Important Reminder at the end of this policy for important regulatory and legal information.

Description
Mecasermin (Increlex®) is a human insulin-like growth factor-1 (IGF-1).

FDA Approved Indication(s)
Increlex is indicated for the treatment of growth failure (GF) in pediatric patients 2 years of age and older with:

- Severe primary IGF-1 deficiency (IGFD)
  
  IGFD is defined by: height standard deviation score ≤−3.0 and basal IGF-1 standard deviation score ≤−3.0 and normal or elevated growth hormone (GH).

- Growth hormone (GH) gene deletion who have developed neutralizing antibodies to GH

Limitation(s) of use:

- Increlex is not a substitute to GH for approved GH indications.
- Increlex is not indicated for use in patients with secondary forms of IGFD, such as GH deficiency, malnutrition, hypothyroidism, or chronic treatment with pharmacologic doses of anti-inflammatory corticosteroids.

Policy/Criteria
Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation® that Increlex is medically necessary when the following criteria are met:

I. Initial Approval Criteria
   A. Severe Primary IGF-1 Deficiency (must meet all):
      1. Diagnosis of severe primary IGFD;
      2. Prescribed by or in consultation with a pediatric endocrinologist;
      3. Age ≥ 2 and < 18 years;
      4. If age > 10 years, open epiphysis on x-ray;
      5. IGF-1 serum level is ≥ 3 standard deviations (SD) below the mean;
      6. GH serum level is normal or elevated;
      7. Height is ≥ 3 SD below the mean for age and sex (SD, height, date, and age in months within the last 90 days are required);
      8. Member does not have malignant neoplasia or a history of malignancy;
      9. Somatropin (recombinant human GH) is not prescribed concurrently with Increlex;
      10. Dose does not exceed 0.12 mg/kg twice daily.
Approval duration:
Medicaid/HIM – 12 months or up to age 18 years, whichever is shorter
Commercial – 6 months or to the member’s renewal date, whichever is longer

B. Growth Hormone Insensitivity (must meet all):
1. Diagnosis of acquired GH insensitivity;
2. Prescribed by or in consultation with a pediatric endocrinologist;
3. Age ≥ 2 and < 18 years;
4. If age > 10 years, open epiphysis on x-ray;
5. Documentation of genetic GH deficiency due to a GH gene deletion;
6. Documentation of neutralizing GH antibodies;
7. Member meets (a or b):
   a. Short stature (SS): height is > 2 SD below the mean for age and sex (SD, height, date, and age in months within the last 90 days are required);
   b. GF: one of the following (i, ii, or iii):
      i. Height deceleration across two growth chart percentiles representing > 1 SD below the mean for age and sex (SD and 2 heights, dates, and ages in months at least 6 months apart within the last year are required);
      ii. Growth velocity > 2 SD below the mean for age and sex over 1 year (SD and 2 heights, dates, and ages in months at least 1 year apart within the last year are required);
      iii. Growth velocity > 1.5 SD below the mean for age and sex sustained over 2 years (SD and 2 heights, dates, and ages in months at least 2 years apart within the last two years are required);
8. Member does not have malignant neoplasia or a history of malignancy;
9. Somatropin (recombinant human GH) is not prescribed concurrently with Increlex;
10. Dose does not exceed 0.12 mg per kg twice daily.

Approval duration:
Medicaid/HIM – 6 months or up to age 18 years, whichever is shorter
Commercial – 6 months or to the member’s renewal date, whichever is longer

C. Other diagnoses/indications
1. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PHAR.21 for health insurance marketplace, and CP.PMN.53 for Medicaid.

II. Continued Therapy
A. All Indications in Section I (must meet all):
1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. If member has received treatment for ≥ 1 year, height has increased ≥ 2 cm in the last year as documented by 2 height measurements taken no more than 1 year apart (dates and height measurements are required);
3. Member does not have malignant neoplasia or a history of malignancy;
4. Somatropin (recombinant human GH) is not prescribed concurrently with Increlex;
5. If request is for a dose increase, new dose does not exceed 0.12 mg per kg twice daily.

Approval duration:
Medicaid/HIM – 12 months or up to age 18 years, whichever is shorter
Commercial – 6 months or to the member’s renewal date, whichever is longer

B. Other diagnoses/indications (must meet 1 or 2):
1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.
   Approval duration: Duration of request or 6 months (whichever is less); or
2. Refer to the off-label use policy for the relevant line of business if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized): CP.CPA.09 for commercial, HIM.PHAR.21 for health insurance marketplace, and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:
A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial, HIM.PHAR.21 for health insurance marketplace, and CP.PMN.53 for Medicaid or evidence of coverage documents;
B. Secondary forms of IGF-1 deficiency, such as
   1. GH deficiency;
   2. Malnutrition;
   3. Hypothyroidism;

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key
FDA: Food and Drug Administration
GH: growth hormone
IGF-1: insulin-like growth factor -1
IGFD: insulin-like growth factor deficiency
SD: standard deviation

Appendix B: Therapeutic Alternatives
Not applicable

Appendix C: Contraindications/Boxed Warnings
• Contraindication(s):
  o Use of Increlex in the presence of active or suspected malignancy. Therapy should be discontinued if evidence of malignancy develops
  o Known hypersensitivity to mecasermin
  o Intravenous administration
  o In patients with closed epiphyses for growth promotion
• Boxed warning(s): none reported

Appendix D: Primary IGF-1 Deficiency*
• Causes:
o GH receptor mutations (known as Laron syndrome or the classical model of GH insufficiency)
o Post-GH receptor mechanisms
  ▪ GH receptor signal transduction
  ▪ IGF-I gene mutations
  ▪ Impaired IGF-1 promoter function
  ▪ Defective stabilization of circulating IGF-I

o IGF-1 receptor mutations
  Unlike the causes above, IGF-1 levels are normal or elevated in the case of IGF-1 receptor mutations which would render mecasermin therapy ineffective.

*GH production and secretion is normal or above normal; therefore, exogenous GH treatment would be ineffective.

Appendix E: General Information

- Severe Primary IGFD includes patients with mutations in the growth hormone receptor (GHR), post-GHR signaling pathway, and IGF-1 gene defects; they are not GH deficient, and therefore, they cannot be expected to respond adequately to exogenous GH treatment.
- Increlex is not intended for use in subjects with secondary forms of IGF-1 deficiency, such as GH deficiency, malnutrition, hypothyroidism, or chronic treatment with pharmacologic doses of anti-inflammatory steroids. Thyroid and nutritional deficiencies should be corrected before initiating treatment.
- Increlex is not a substitute for GH treatment.
- Failure to increase height velocity during the first year of therapy by at least 2 cm/year suggests the need for assessment of compliance and evaluation of other causes of growth failure, such as hypothyroidism, under-nutrition, and advanced bone age.

V. Dosage and Administration

<table>
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<tr>
<th>Indication</th>
<th>Dosing Regimen</th>
<th>Maximum Dose</th>
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<tbody>
<tr>
<td>Growth failure in children with severe primary IGFD or with GH gene deletion who have developed neutralizing antibodies to GH</td>
<td>Initial dose: 40 mcg/kg to 80 mcg/kg SC BID. Dose may be increased by 40 mcg/kg per dose up to 120 mcg/kg SC BID</td>
<td>0.12 mg/kg per dose</td>
</tr>
</tbody>
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VI. Product Availability

Multi-dose vial: 40 mg/4 mL

VII. References


**Auxology for acquired GH insensitivity**


**Coding Implications**

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

<table>
<thead>
<tr>
<th>HCPCS Codes</th>
<th>Description</th>
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<tr>
<td>J2170</td>
<td>Injection, mecasermin, 1 mg</td>
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**Reviews, Revisions, and Approvals**

<table>
<thead>
<tr>
<th>Date</th>
<th>P&amp;T Approval Date</th>
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<tr>
<td>11.16</td>
<td>12.16</td>
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</table>
The two labeled indications are separated for clarification. Growth failure criteria is added to section I.B. per GH deficiency guidelines. Appendix B is provided for reference and outlines causes of primary IGFD. “Standard deviation score (SDS)” terminology under section I.A. is edited to align with SD language under section I.B.

Reviewed by specialist.

<table>
<thead>
<tr>
<th>Reviews, Revisions, and Approvals</th>
<th>Date</th>
<th>P&amp;T Approval Date</th>
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<tbody>
<tr>
<td>Added age and max dose. Updated new criteria to be in line with new safety guidance.</td>
<td>08.07.17</td>
<td>11.17</td>
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<td>3Q 2018 annual review: policies combined Centene Commercial and Medicaid lines of business; added HIM line of business; added contraindicated states to section III; revised positive response to therapy and increased initial approval duration from 6 months to 12 months to align with somatropin policy and added requirement for baseline height; Medicaid: removed requirements to correct nutritional or thyroid deficiencies if present; Commercial: added prescriber requirement, age requirement, and evidence for diagnosis; removed documentation of compliance with therapy for continued approval; added requirement that rhGH is not concomitantly used; references reviewed and updated.</td>
<td>05.15.18</td>
<td>08.18</td>
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<td>3Q 2019 annual review: no significant changes; references reviewed and updated.</td>
<td>05.21.19</td>
<td>08.19</td>
</tr>
<tr>
<td>3Q 2020 annual review: HIM non-formulary language removed; open epiphyses added; auxology updated for acquired GH insensitivity to reconcile with somatropin policy; malignancy contraindication added; positive response removed in deference to growth criteria; references reviewed and updated.</td>
<td>06.02.20</td>
<td>08.20</td>
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**Important Reminder**
This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering
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This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

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Note:
For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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